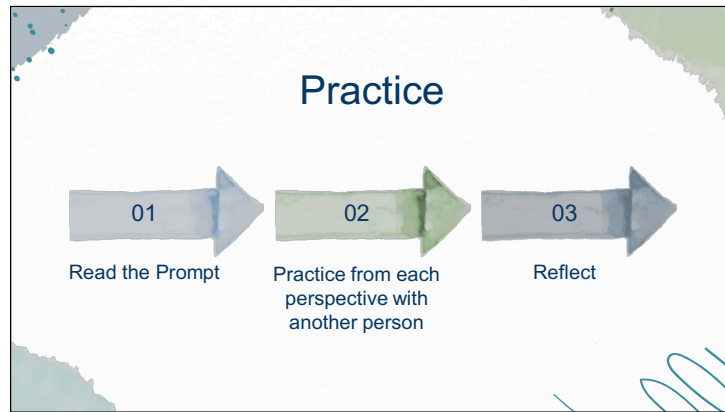


Role Play Handout for Training Video 2

Organize in groups of two. Read the following prompt and take 3-5 minutes to act out one of the two roles. After you have acted the scenario out once, switch roles and try again. If there need to be groups consisting of more than two people, the additional participants can serve as observers.



Two speaking roles: Jada (an individual needing support) and one faith leader

Jada is a 32-year-old with two small children under age four. Jada is married and meeting with her pastor to discuss her marriage. She has been afraid in her marriage and has experienced intimidation, physical and emotional abuse, and ongoing paranoia from her husband. These issues have been long-term, but she mentions that they are getting worse.

Listen to Jada and try to identify how this is impacting her, acknowledge the difficulty of her situation, how scary it is, and the severity of it. Also acknowledge that you appreciate her coming to you and speaking about this. Then, help her develop a safety plan that she is comfortable with. The National Domestic Abuse Line has a great resource for creating this: <https://www.thehotline.org/plan-for-safety/create-a-safety-plan/>

Ask if she is willing or when she will be willing to get help by calling the National Domestic Abuse Line to see what the best next steps are. Offer to call them together, from your phone, if she is worried about using her own phone and would like support making the call.

Offer prayer and reminders of your church's support for her, even in complicated, scary situations. Make plans with her for your own follow up and find ways to help support her safety plan.

Repeat the process with this prompt for additional practice!

Two speaking roles: Ken (individual needing support) and one faith leader

Ken is a 62-year-old who unexpectedly lost his spouse recently. Ken is experiencing typical symptoms of grief and needs ongoing support. As his pastor, you are meeting with him to pray together and support him.

In the waves of grief and isolation, it would benefit Ken to process this deeper with a grief support group. Explain to Ken that his church family is always here for support, and that includes you, but alongside the church's support, there are grief circles and support groups where he could be with others in similar situations.

Practice listening to Ken, acknowledging his pain, and providing the idea of a grief or widow support group, and ways that could benefit him, and help connect him to local groups. Tell Ken you will help him reach out to the groups, and text him the day of the group to make sure he is able to make it, and that you will follow-up after the group to see how it went.

Resources for finding a grief support group: <https://www.griefshare.org> and <https://findtreatment.samhsa.gov>

Now consider these questions for reflection, in smaller groups or in the larger group.

1. How did it feel to be in the supportive role? How did it feel to be in the role of the person needing support?
2. How did it feel to have a resource available to which to refer the parishioner for additional support?
3. As the person coming for help, how did it feel to be offered a tangible resource?
